

Saturday - June 29th LET THE FESTIVAL BEGIN!

Seminar & Workshop tickets available at ColoradoLavender.org or 970tix.com

With so many things to do and see, we are sure that the whole family will truly enjoy the day. Join us at one of our seminars to hear experts share their knowledge, learn to create a wreath at our workshops, feast on a range of food and drinks. Relax with live music, cooking demo's, workshops, seminars & bundles of vendors to shop from. Oh don't forget the kids, let them loose in the Bump and Jump, make a painting or face painting.

SEMINARS/WORKSHOPS

9 -10:15 AM (tickets)

Using Herbs, Hydrosols & Essential Oils

Dr. Cindy Jones is a biochemist & herbalist with experience in cosmetic science & microbiology. She has been distilling herbs for 15 years & owns Colorado Aromatics Skin Care & Sagescript Institute. Dr. Jones will talk about how to use lavender & other herbs whole, as hydrosols & as essential oils. Learn when it is best to use each form.



10:30 -11:30AM (tickets)

Lavender 101 Know the Basics

Dr. Curtis Swift has degrees in Plant Science, Psychology, Horticulture, and a Ph.D. in Plant Pathology. He worked as an Extension Agent at Colorado State University, instrumental in the introduction and study of lavender in the Western Colorado region. He can get you started with the basics.



1 - 2:15PM (tickets)

Companion Planting with Lavender

Learn which species & cultivars perform best in the Rocky Mountains & High Desert landscapes. Examine which companion plants work well with lavender, extend your bloom time for pollinators through specific plant selection & preview various lavender species which do exceptionally well in Colorado & add beauty to any landscape.



2:30 - 4PM (tickets)

Reflexology

Learn one of the many relaxing way lavender can be used. Susan Smith, a licensed Foot Reflexologist, is the application of appropriate pressure to specific points & areas on the feet, hands, or ears. Her emphasis is in using lavender essential oils, CBD & nutritional supplements to promote better health. Find her on facebook @Susan Smith.



Noon & 2PM FREE
Cooking Demonstrations

Enjoy the tastes, smells from Lida Lafferty as she cooks you up something to sample. From sweet to savory, lavender can do it all. Joined by Christina Horn, watch what they create in the kitchen.

Lida is the author to the eBook - Spike it with Lavender & 3rd Place eBook winner in the 2017 CIPA EZVY Book Award.



Music



LPB 9:30-11:30AM
Nick "Pants" Pantoja & Matt Lincoln
Play upbeat, complex, guitar driven rock.

Troy Douglas Band 2-4pm

Will get a sound of guitar, drums & vocals to keep the afternoon jamming with fun.



10 AM - 2 PM FREE Kids Crafts

Deb Tsakalas will provide a special art project just for the kids! Let them enjoy a special creation that they can take home.

10-12PM & 2-4PM (tickets)

Learn the art of lavender. With guidance from an instructor, create your Lavender Wreath to take home. (All supplies included)

11 AM & 2 PM

Commemorative Poster signing by Mark Akins, Artist. The winner of the 2019 art contest.